

Behavioral Health Centers of Excellence

**UC Davis
UCLA**

Early Psychosis: Prevention & Early Intervention

SCIENCE INFORMING POLICY SYMPOSIUM PROGRAM

Welcome!

This symposium is held in person in Sacramento at the UC Davis Health System campus. Livestreaming is available to anyone by using the links at www.behavioralhealth.ucdavis.edu/events/symposium.html.

Q & A is scheduled at the end of each session. In person, please submit your questions by index cards available in each room. Or email your questions to Kristy at kbtouchon@ucdavis.edu. Questions are also welcome through Twitter @ucdbrainhealth using hashtag #SIPS15.

The Symposium will be recorded for future reference. This recording will be available at the end of September, as will a compilation of questions, comments and resources.

Online symposium evaluations will be sent by email to registrants and available on our website for all participants. We look forward to your feedback.

Behavioral Health Centers of Excellence at UC Davis and UCLA

Launched in October 2014 with funding from the Mental Health Services Act, the centers bridge research, mental health care and policy to improve the lives of those touched by mental illness. This statewide symposium is the first of the two centers' collaborative efforts.

Thursday, Sept. 17, 2015

7:30 a.m. Breakfast

8:00 a.m. – 4:30 p.m.

Education Building

Rooms 2222, 2204-2208

4610 X Street

Sacramento, CA

LIVE STREAMING LINKS:

behavioralhealth.ucdavis.edu

SOCIAL MEDIA:

[@ucdbrainhealth](https://twitter.com/ucdbrainhealth)

#SIPS15

QUESTIONS:

Email kbtouchon@ucdavis.edu





*Q & A: Submit questions on index cards provided or by email to
kbtrouchon@ucdavis.edu at end of each session*

7:30 a.m. Continental Breakfast

8:00 a.m. Welcome and Introductions

Master of Ceremonies: **Cameron S. Carter**, MD, Director, Behavioral Health Center of Excellence at UC Davis
Frederick J. Meyers, MACP, MD, Vice Dean, School of Medicine, UC Davis
Peter Whybrow, MD, Director, Semel Institute, UCLA

8:15 a.m. Keynote: National Perspectives

Robert K. Heinsen, PhD, ABPP, Director of the Division of Services and Intervention Research (DSIR), National Institute of Mental Health (NIMH)

9:00 a.m. Implementation Best Practices Panel Discussion

Stephen Marder, MD, Director, Section on Psychosis, RAISE program, UCLA David Geffen School of Medicine
Rachel Loewy, PhD, Department of Psychiatry, UCSF School of Medicine
Kristin Cadenhead, MD, Department of Psychiatry, UC San Diego School of Medicine
Keith Nuechterlein, PhD, Director, UCLA Center for Neurocognition and Emotion in Schizophrenia and the UCLA Aftercare Research Program

10:15 a.m. Break

10:30 a.m. Keynote: Positive Outcomes

Professor **Darrell Steinberg**, Director of Policy and Advocacy, Behavioral Health Center of Excellence, UC Davis, and founder, Steinberg Institute

11:15 a.m. Boxed lunches available on second floor

11:45 a.m. Outcomes Measurement Panel Discussion

Carolyn Dewa, MPH, PhD, Department of Psychiatry, University of Toronto
Howard Goldman, MD, PhD, Director of the Network on Mental Health Policy Research
Renay Bradley, PhD, Director of Research and Evaluation, Mental Health Services Oversight and Accountability Commission, University of Maryland, School of Medicine

1:00 p.m. Keynote: California Perspectives

Toby Ewing, PhD, Executive Director, Mental Health Services Oversight & Accountability Commission

1:30 p.m. Break

1:45 p.m. Overcoming Barriers and Dissemination Panel Discussion

Bonnie Hotz, family member and patient advocate
Tara Niendam, PhD, Department of Psychiatry and Behavioral Sciences, Director of SacEDAPT, UC Davis School of Medicine
Steve Adelsheim, MD, Director of Community Partnerships, Stanford University School of Medicine
Dina Tyler, PREP Coordinator of Peer and Family Support Services, Alameda County
Ryan Melton, PhD, LPC, Clinical Director, EASA Center for Excellence, Portland State University Regional Research Institute
Sergio Aguilar-Gaxiola, MD, PhD, Director, Center for Reducing Health Disparities

3:00 p.m. Keynote: Community Engagement

Ken Wells, MD, MPH, Director of the Center for Health Services and Society, UCLA Semel Institute and Behavioral Health Center of Excellence, and **Loretta Jones**, Founder and CEO of Healthy African American Families

3:45 p.m. Closing remarks: Cameron S. Carter, Director, UC Davis Behavioral Health Center of Excellence

4:00-4:30 p.m. Posters and Table Tops featuring California programs and Research Awardees
Reception



Early Psychosis: Prevention & Early Intervention

SCIENCE INFORMING POLICY SYMPOSIUM PROGRAM

Keynote Speakers



Cameron S. Carter, M.D., is the Director of the Behavioral Health Center of Excellence at UC Davis. As Professor of Psychiatry, Dr. Carter is also the Director of the Imaging Research Center, EDAPT Clinic, Center for Neuroscience, UC Davis Conte Center and the

Schizophrenia Research and Education Program. Dr. Carter's clinical interest is the early diagnosis and treatment of schizophrenia and other cognitive mental disorders. His research focuses on the pathophysiology of disturbances in cognition in mental disorders such as schizophrenia and OCD, with the goal of developing more effective therapies to improve patients' chances of rehabilitation. Carter also is involved in development of new treatments for cognitive disability in schizophrenia and other brain disorders.



Toby Ewing, Ph.D. is the Executive Director of the Mental Health Services Oversight and Accountability Commission. Dr. Ewing has worked on governance reform, government oversight and improving outcomes of public programs for many years. He has

worked on a range of public policy issues, including mental health, child welfare, immigrant integration, workforce and education, and veterans projects. From 2011 through 2014, Ewing served as a consultant to the California State Senate Governance and Finance Committee. He also served as Director of the California Research Bureau from 2009 to 2011. Prior to that, for eight years, he was a Project Manager with the Little Hoover Commission, an independent body charged with improving government. Ewing did his undergraduate studies at Grinnell College and received a Ph.D. in Sociology from Syracuse University. Honored as a Fulbright Scholar in the mid-1990s, he facilitated and documented a complex community development initiative in Costa Rica.



Loretta Jones M.A., Th.D. is founder and CEO of Healthy African American Families, Phase II. Jones has dedicated her life towards the hope and healing of community and society-at-large. Her career as a civil rights activist, health policy advocate,

and social architect has spanned more than 40 years. Jones

is community co-PI with Wells of Community Partners in Care, a PCORI contract on long-term outcomes of community engagement for depression, and the PCORI Community and Patient Participatory Research Network. She received the 2105 Diane Watson Global Leaders of Dignity award at the United Nations and with Wells received the ACTS 2014 Team Science Award and Campus-Community Partnerships for health 2015 Annual Award.



Robert K. Heinszen, Ph.D., ABPP, is Director of the Division of Services and Intervention Research at the National Institute of Mental Health (NIMH). Dr. Heinszen joined NIMH in 1999. Since then, he has effectively promoted translational research

strategies for improving screening, assessment, treatment, and preventive interventions for people with serious mental illness. He is widely recognized as a scientific leader in the areas of prodromal schizophrenia research, first episode psychosis, and neuroscience approaches for improving assessment and remediation of cognitive deficits in schizophrenia. Dr. Heinszen is NIMH Science Officer for the groundbreaking North American Prodrome Longitudinal Study (NAPLS) and Study Director for the Recovery After an Initial Schizophrenia Episode (RAISE) initiative, an NIMH signature project that aspires to indicated prevention during the earliest phases of psychotic illness. From 2008 to 2010, Dr. Heinszen played a pivotal role in launching the NIMH-Army Study to Assess Risk and Resilience in Service members (Army STARRS), the largest study of mental health risk and resilience ever conducted among military personnel.

Dr. Heinszen has won several awards, including the Department of Health and Human Services' Hubert H. Humphrey Award for Service to America, the National Institutes of Health Director's Award, and the NIMH Supervisor of the Year Award. In 2014, Dr. Heinszen received a Special Presidential Commendation from the American Psychiatric Association for championing research on early psychosis and translating it into policy and programs for clinical implementation as a new standard of care. For his long-standing service to individuals with serious mental illness, Dr. Heinszen received the National Alliance for the Mentally Ill (NAMI) Wayne S. Fenton Memorial Award. Between 2004 and 2012, Dr. Heinszen served as a Major in the U.S. Army National Guard. He deployed to Afghanistan in 2010 as a member of the U.S. Army Joint Mental Health Advisory Team (J-MHAT 7).

Dr. Heinssen earned a doctoral degree in clinical psychology from Catholic University of America. He completed a clinical fellowship at McLean Hospital/Harvard Medical School and residency at Chestnut Lodge Hospital; he is a board certified, licensed clinical psychologist. Before joining NIMH, he worked for 12 years as a clinical researcher and mental health practitioner at Chestnut Lodge Hospital and Research Institute in Rockville, MD. While there, he studied the diagnosis, course, and treatment of schizophrenia, and developed several science-based, multi-disciplinary treatment programs for persons with serious mental illness. Dr. Heinssen is the founder and past president of the Schizophrenia Special Interest Group within the Association for Behavioral and Cognitive Therapies, and is a Fellow of the American Academy of Clinical Psychology. He has authored numerous journal articles and book chapters, and is a regular presenter at major scientific meetings.



Frederick J. Meyers, M.D., MACP, is the Lead Dean of the Behavioral Health Center of Excellence at UC Davis. As Vice Dean of the UC Davis School of Medicine, Dr. Meyers oversees the research, teaching, clinical care and community engagement missions

in close coordination with leadership across UC Davis Health System and the larger UC Davis community. Meyers is the executive director of Medical Education and Academic Planning for the University of California, Merced, where he leads efforts to establish a school of medicine. He also directs the San Joaquin Valley PRIME, a joint education program between UC Davis and UC Merced to increase access to care in this underserved area. A visionary leader, Meyers developed a conceptual model of interprofessional education called UC Davis Schools of Health, which includes the School of Medicine, the master's degree programs in health informatics and public health sciences, and the Betty Irene Moore School of Nursing. He extends the health system's reach through collaborative partnerships with regional, state, national and international organizations and by overseeing high-level recruitments that distinguish UC Davis.



Darrell Steinberg, J.D., is Visiting Faculty without salary to the Department of Psychiatry at UC Davis School of Medicine to act as the Director of Policy and Advocacy for the Behavioral Health Center of Excellence. Darrell currently works at Greenberg Traurig Law

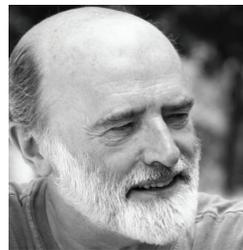
as a shareholder in the Sacramento office and Chair of the California Government Law & Policy Practice. He provides strategic counsel to clients with matters involving state and local government. State Senate pro Tempore (ret) Darrell Steinberg is California's strongest public advocate for better mental healthcare. He has a long history of championing

policy issues affecting behavioral health at both the local and state government levels. In 2004, Steinberg spearheaded Proposition 63, the California Mental Health Services Act (MHSA), approved by California voters on the November 2004 statewide ballot. He worked with advocate Sherman Russell Selix, Jr. to co-author the proposition. The act imposes a 1% tax on incomes over \$1 million for mental health funding statewide. The MHSA was the first of its kind in the United States and continues to help tens of thousands of Californians. In 2015, after terming out of office, Steinberg established the Steinberg Institute to focus on building public leadership for targeted improvements in California's systems of mental and behavioral health.



Kenneth Wells M.D., M.P.H. is David Weil Professor of Psychiatry & Biobehavioral Sciences, David Geffen School of Medicine & Fielding School of Public Health at UCLA & RAND Affiliated Adjunct. He is Principal Investigator for Community Partners in Care and

a PCORI contract on long-term outcomes of community engagement for depression in Los Angeles. He co-led an American Red Cross recovery effort post-Katrina in New Orleans and is PI of a PCORI Research Network across areas. He received with Jones the ACTS 2014 Team Science Award and 2015 Campus-Community Partnerships for Health Annual Award.



Peter C. Whybrow, M.D. is Director of the Jane and Terry Semel Institute for Neuroscience and Human Behavior at UCLA, the Judson Braun Distinguished Professor and the Executive Chair of the Department of Psychiatry and Biobehavioral Sciences at the

David Geffen School of Medicine. Recruited to UCLA in 1997 from the University of Pennsylvania, Dr. Whybrow received his training in endocrinology and psychiatry in London and North Carolina. Born in England he was a member of the scientific staff of the British Medical Research Council before joining the faculty of Dartmouth Medical School in the 1970s, where he served as Chairman of Psychiatry and later as Executive Dean. He was recruited to the University of Pennsylvania in 1984 where he was the Ruth Meltzer Professor and Chairman of Psychiatry until 1996. Dr. Whybrow is an international authority on depression and manic-depressive disease and the effects of thyroid hormone on brain and human behavior. A founding member and Fellow of the Royal College of Psychiatrists, Fellow of the American Association for the Advancement of Science, the American College of Psychiatrists, and the American Psychiatric Association, Dr. Whybrow has lectured widely across the United States and Europe, and is the recipient of many awards.

Panelists by last name

Steven Adelsheim, M.D., F.A.A.C.A.P., is a child/adolescent psychiatrist and Director of Community Partnerships at the Department of Psychiatry and Behavioral Sciences at Stanford University's School of Medicine, where he works to support community behavioral health collaborative efforts locally, regionally, at the state level, nationally, and internationally. Dr. Adelsheim has partnered in developing statewide mental health policy and systems, including those focused on school mental health, telebehavioral health, tribal programs, and suicide prevention. For many years Dr. Adelsheim has been developing and implementing early detection/intervention programs for young people in school-based and primary care settings, including programs for depression, anxiety, prodromal symptoms of psychosis, and first episodes of psychosis. Dr. Adelsheim also recently served as the principal investigator of both the New Mexico-based EDIPPP and RAISE programs and he partners on the INSPIRE early psychosis clinic at Stanford. Dr. Adelsheim is also leading the effort to develop PEPPNET, the national network for early psychosis programs. Dr. Adelsheim has been recognized by NAMI, the American Psychiatric Association, and the American Academy of Child and Adolescent Psychiatry for his community mental health partnership efforts.

Sergio Aguilar-Gaxiola, M.D., Ph.D., is Professor of Clinical Internal Medicine, School of Medicine, UC Davis where he is the Founding Director of the Center for Reducing Health Disparities and the Director of the Community Engagement Program of the Clinical Translational Science Center (CTSC). He was co-chair of the NIH's Community Engagement Key Function Committee for the NIH-funded Clinical Translational Science Awards (CTSAs) for seven years. He is currently a member of six CTSAs External Advisory Boards (i.e., Tufts, UCLA, USC, Scripps, University of Minnesota, and University of Wisconsin-Madison). In 2007, he completed a four-year term as a member of the National Advisory Mental Health Council of the National Institute of Mental Health (NIMH). He was Past Chair of the Board of Directors of Mental Health America. He is currently a board member of the California Department of Public Health Office of Health Equity's Advisory Committee, the Steering Committee and Research Scientist member of the National Hispanic Science Network on Drug Abuse (NHSN), and a member of the International Advisory Committee of the Carlos Slim Health Institute. He has held several World Health Organization (WHO) and Pan American Health Organization (PAHO) advisory board and consulting appointments and is currently a member of the Executive Committee of WHO. He is Coordinator for the Region of the Americas, World Mental Health Survey Consortium (WMH). Dr. Aguilar-Gaxiola's research includes cross-national comparative epidemiologic research on patterns and correlates of mental disorders and substance abuse in general population samples. His applied research program has focused on identifying unmet mental health needs and associated risk and protective factors to better understand and meet population mental health needs and reduce health and mental health disparities in underserved populations. He is also very active translating health, mental health and substance abuse research knowledge into practical information that is of public health

value to consumers, service administrators, and policy makers. Dr. Aguilar-Gaxiola received his M.D. degree at the School of Medicine, Autonomous University of Guadalajara in Mexico and his M.S., in Psychology, and Ph.D. in Clinical-Community Psychology at Vanderbilt University, and a postdoctoral fellowship on health services research at UCSF.

Renay P. Cleary Bradley, Ph.D., is Director of Research for the Mental Health Services Oversight and Accountability Commission. Dr. Bradley has dedicated her career to using research and evaluation to improve mental health programs and social services. She currently leads evaluation of California's public community-based mental health system and aims to inform public policy via research. She was previously Director of Research and Programming at a non-profit research institute in Seattle, Washington, where she oversaw several large-scale grants, contracts, and programs. She is a developmental psychologist and has focused on development, implementation, and evaluation of programs for children and families. She has appeared in the Wall Street Journal, Washington Post, Parents Magazine, and 60 Minutes Australia. Dr. Bradley received her Doctorate in Developmental Psychology from the University of Washington and Masters in Psychological Research from San Francisco State University.

Kristin Cadenhead, M.D., is a Professor of Psychiatry at University of California San Diego and an attending physician at the UC San Diego Medical Center. She is the Director of the Cognitive Assessment and Risk Evaluation (CARE) Program, a research and clinical program that focuses on early identification, intervention and prevention of serious mental illness. Dr. Cadenhead's primary research interests include risk prediction, biomarkers and treatment in psychotic illness. Funded by the National Institutes of Health, the CARE program assesses risk factors that may be predictive of a later psychotic illness. A major aim of the CARE program is to identify psychosis early so that it is possible to intervene and prevent some of the devastating effects of a first psychotic episode. She serves as an Associate Residency Training Director for the Department of Psychiatry and a Clinical Foundations Director for the School of Medicine. She received her B.A. degree in Biology/Psychology from Rice University in Houston, Texas. She earned her medical degree from the University of Texas Medical Branch in Galveston. She completed her residency in Psychiatry and Fellowship in Schizophrenia research at UCSD.

Carolyn S. Dewa, M.P.H., Ph.D., is a Full Professor of Psychiatry at University of Toronto. She is also a Senior Health Economist at the Centre for Addiction and Mental Health's (CAMH) where she heads the Centre for Research on Employment and Workplace Health. She holds a Ph.D. in health economics from the Johns Hopkins University School of Hygiene and Public Health and a M.P.H. in health services administration from San Diego State University School of Public Health. She completed a fellowship at the Harvard Medical School Department of Health Policy and Management. Since joining CAMH, Dr. Dewa has become a national leader in workplace mental health research, particularly in disability related to mental illness among workers, the effects of mental illness on productivity and

interventions to improve disability outcomes. She has also led a provincial study examining the effects of new funding for specialized community mental health programs which included Early Intervention for Psychosis and Court Support programs. Her awards include a Canadian Institutes of Health Research/Public Health Agency of Canada Applied Public Health Chair for her research in mental illness in the working population. She has also received a Career Scientist Award from the Ontario Ministry of Health and Long-Term Care.

Howard H. Goldman, M.D., Ph.D., is Professor of Psychiatry at the University of Maryland School of Medicine. Dr. Goldman received joint M.D. - M.P.H. degrees from Harvard University and a Ph.D. in social policy research from the Heller School at Brandeis University. He is the author or co-author of 325 publications in the professional literature. Dr. Goldman is the editor of *Psychiatric Services*, a mental health services research and policy journal published monthly by the American Psychiatric Association. He has been on the editorial boards of several other journals, including the *American Journal of Psychiatry*, *Health Affairs*, and the *Journal of Mental Health Policy and Economics*. Dr. Goldman directed the MacArthur Foundation Network on Mental Health Policy Research for a decade ending in 2009. He served as the Senior Scientific Editor of the Surgeon General's Report on Mental Health from 1997-1999 for which he was awarded the Surgeon General's Medallion. During 2002 and 2003 Dr. Goldman was a consultant to the President's New Freedom Commission on Mental Health. In 1996 he was elected to membership in the National Academy of Social Insurance, and in 2002 he was elected to the Institute of Medicine.

Bonnie Hotz serves as the UC Davis SacEDAPT Clinic Family Advocate. Her experience living with a family member with a severe mental illness, as well as her family's previous involvement with the EDAPT Clinic as a client, provides a uniquely personal perspective to the clinical team. In the SacEDAPT Clinic, Bonnie provides support to families from this perspective including helping families communicate their needs and connecting them with available community resources. Bonnie also assists with the clinic's community outreach and education efforts.

Rachel Loewy, Ph.D., is an Associate Adjunct Professor in the Department of Psychiatry at the University of California, San Francisco. She is an early psychosis researcher and co-founded the Prevention and Recovery in Early Psychosis (PREP) programs.

Stephen R. Marder, M.D., is the Director of the VISN 22 Mental Illness Research, Education Clinical Center (MIRECC) for the Department of Veterans Affairs and the Director of the Section on Psychosis and a Professor at the UCLA Semel Institute for Neuroscience and Human Behavior. Dr. Marder's research has focused on improving the lives of individuals with psychotic disorders, particularly schizophrenia. His research -- supported by the VA and the National Institute of Mental Health -- has focused on the development of pharmacological, psychosocial, and rehabilitation approaches for improving functioning and quality of life. Dr. Marder has received the Exemplary Psychiatrist Award from the National Alliance for the

Mentally Ill, the Stanley Dean Research Award of the American College of Psychiatry, the Alexander Gralnick Award from the American Psychiatric Association, the Outstanding Achievement Award of the Southern California Psychiatric Society, the Kempf Award from the American Psychiatric Association, the American Psychiatric Association Award for Research, and the Wayne Fenton Award for Outstanding Clinical Care from the *Schizophrenia Bulletin*. He is listed in *The Best Doctors in America* and *America's Top Doctors*.

Ryan Melton, Ph.D., L.P.C., A.C.S., is the Clinical Director of the EASA Center for Excellence, Co-PI of the Pathways EASA Connections Project and Research Professor at Portland State University. Dr. Melton graduated from Pacific University with a Masters Degree in Counseling Psychology. Dr. Melton earned his Ph.D. from Oregon State University. Currently Dr. Melton is the clinical director of the EASA Center for Excellence at Portland State University's Regional Research Institute. In addition to his work with RRI, he provides clinical and technical assistance to early intervention programs similar to EASA nationwide. Dr. Melton holds faculty appointments at Oregon State and Northwest Christian University in their counselor education departments. Dr. Melton and his colleagues have written and published multiple papers and textbook chapters on early intervention with psychosis and has presented at multiple conferences. Dr. Melton's current research focus is on the impact of interventions with individuals experiencing early psychosis, including engagement strategies, reducing duration of untreated psychosis, and feedback informed treatment. Dr. Melton also has a small private practice in which he supervises mental health clinicians for licensure in Oregon and provides training on diagnosis, assessment and current evidenced based mental health practices. He is a strong advocate for the health care needs and resources for individuals with mental illness.

Keith H. Nuechterlein, Ph.D., is a Professor in the Departments of Psychiatry and Biobehavioral Sciences and of Psychology at UCLA. He serves as the Director of the UCLA Center for Neurocognition and Emotion in Schizophrenia, an NIMH-funded Translational Research Center in Behavioral Science. He is the Director of the UCLA Aftercare Research Program, a research clinic devoted to research and treatment with patients who have had a recent onset of schizophrenia. Dr. Nuechterlein received his B.A. in psychology and his Ph.D. in Psychology (Clinical) from the University of Minnesota. His expertise focuses on cognitive deficits in schizophrenia, their role as genetic vulnerability factors, their connections to functional outcome, and their remediation. Dr. Nuechterlein has authored more than 235 journal articles and is among the scientists on the ISI Web of Knowledge Highly Cited list for Psychology/Psychiatry. He has been on the editorial boards of the *Journal of Abnormal Psychology* and *Schizophrenia Bulletin* and is currently on the editorial board of *Psychological Medicine*. He has received numerous research grants from NIMH and other sources. Dr. Nuechterlein served as the Co-Chair of the Neurocognition Committee for the NIMH-funded initiative, Measurement and Treatment Research to Improve Cognition in Schizophrenia (MATRICS). This group guided the development of the

Panelists by last name, continued

MATRICES Consensus Cognitive Battery, a standardized outcome measure for clinical trials to assess the impact of new interventions on core cognitive deficits in schizophrenia. Dr. Nuechterlein is a past-president of the Society for Research in Psychopathology.

Tara Niendam, Ph.D., is an Assistant Professor in Psychiatry at UC Davis and the Director of Operations for the UC Davis Early Psychosis Programs. As a researcher, her expertise is in the measurement of outcomes related to clinical and psychosocial functioning in individuals with early psychotic illness. She directed the expansion of the UC Davis EDAPT clinic into a Sacramento county MHSA PEI funded program and developed two EDAPT-based programs in Napa and Solano counties.

Dina Tyler

Dina Tyler is a peer specialist and advocate working in mental health in Alameda County. She is a Co-Founder and Board Member of the Bay Area Hearing Voices Network. She is also a facilitator of the Voices, Visions, and Different Realities Support group in San Francisco, California. She is the director of the Bay Area Mandala Project, an organization working to create whole health alternatives for people experiencing extreme states. Since 2010, Dina has held the positions of Outreach Coordinator, Young Adult Outreach Specialist and currently as the Coordinator of Peer and Family Support Services for PREP Alameda County (Prevention and Recovery in Early Psychosis), an early psychosis program that works with young adults (16-24) who were recently given a diagnosis of Schizophrenia, Schizophreniform or Schizoaffective disorder. At PREP, Dina supervises peer interns and the family support specialist, trains clinical staff on recovery-based language and approaches, facilitates a peer wellness support group, and provides individual peer support and mentorship to graduates of PREP in becoming peer specialists and/or recovery and stigma reduction advocates. She has also brought WRAP (Wellness and Recovery Action Plan), Special Messages and Hearing Voices groups into the program for the young adults in PREP. She has served on the advisory committee for the Alameda County Social Inclusion Campaign, Transition Age Youth Initiative, the Consumer and Family Member Alliance for Alternatives to AB1421, and is a member of the Pool of Consumer Champions. Dina has a degree from UC Berkeley in Sociology, with a focus on mental health and stigma. Dina has also been trained in Emotional CPR, Intentional Peer Support, Being With Extreme States, WRAP, Coming Out Proud, and as a Hearing Voices Group Facilitator. She was awarded the prestigious Peer Specialist of the Year by the National Council for Behavioral Health in 2015.

Posters

The posters listed below are on display throughout the 2nd floor of the Education Building. Further details available at behavioralhealth.ucdavis.edu.

Services, Policy Workforce Development & Dissemination Posters

Ester Carolina Apeso-Varano, Assistant Professor of Sociology, Betty Irene Moore School of Nursing at UC Davis
"Social Capital and Latina Caregiver Wellbeing Study: Intervention Development and Feasibility Testing"

Jacob S. Ballon, Clinical Assistant Professor, Department of Psychiatry, Stanford University
"The INSPIRE Clinic provides comprehensive care for people at-risk for and with psychotic disorders."

Anthony Jerant, Professor, Department of Family and Community Medicine, School of Medicine, UC Davis
"Tailored Patient Activation to Reduce Suicide Risk in Primary Care"

Ippolytos Kalofonos, Robert Wood Johnson Foundation Clinical Scholar, UCLA/VA
"Duration of untreated psychosis in the Spanish-speaking population of San Fernando Valley in Los Angeles County"

Tara Niendam, Assistant Professor, Department of Psychiatry and Behavioral Sciences, School of Medicine, UC Davis
"Using Mobile Technology to Detect Early Warning Signs of Mental-Health Challenges and Enhance Treatment Delivery for Youth with Early Psychosis in Community Outpatient Settings"

Julie Schweitzer, Professor, Department of Psychiatry and Behavioral Sciences, School of Medicine, UC Davis
"Participant-Driven Engagement for Advancing the Dissemination of Diagnosis and Treatment for Attention-deficit/Hyperactivity Disorder"

Marjorie Solomon, Associate Professor
Department of Psychiatry and Behavioral Sciences, School of Medicine, MIND Institute, Imaging Research Center
"Improving the Lives of Adults with Autism Spectrum Disorders and their Families: A Pilot Trial of the Adult Social Knowledge (ASK) Workshop"

Peter Yellowlees, Professor, Department of Psychiatry and Behavioral Sciences, School of Medicine, UC Davis
"Telepsychiatry Services Across Languages: Development and Testing of an Automated Translation and Transcription Tool Using Speech Recognition Technologies"

Big Data Poster

Nick Anderson, Cardiff Professor of Informatics
Department of Pathology and Laboratory Medicine, School of
Medicine, UC Davis

"Developing Population-Scale Analytics to Evaluate Long-
Term Health Care Utilization and Comorbidities Associated
with Autism Spectrum Disorders"

Clinical Translational Poster

Amanda Guyer, Associate Professor
Center for Mind and Brain, College of Letters and Science,
UC Davis

"Charting the Gateway Years: Linking Brain Connectivity
Trajectories and Psychosocial Risk Profiles with Substance
Use from Early Adolescence into Young Adulthood"

Basic Sciences Posters

Evangelos (Evan) Antzoulatos, Assistant Project Scientist
Center for Neuroscience, College of Biological Sciences, UC
Davis

"A Translational Approach to Development of Electrical Brain
Stimulation for Cognitive Enhancement"

Melissa Bauman, Assistant Professor
Department of Psychiatry and Behavioral Sciences, School of
Medicine, UC Davis

"Evaluating Gene x Environment Risk Factors for
Neuropsychiatric Disorders in a Rat (*Rattus norvegicus*)
Model of Prenatal Immune Challenge to Develop Disease
Prevention Strategies"

Marie Burns, Professor
Center for Neurosciences and Department of Cell Biology and
Human Anatomy, UC Davis
"New Technologies for Assessing Neuroinflammation in
vivo"

Glen Xiong, Associate Professor
Department of Psychiatry and Behavioral Sciences, School of
Medicine, UC Davis

"A Pilot Study Examining Use of Asynchronic and
Synchronous Telepsychiatry Consultation for Skilled Nursing
Facility Residents"

Karen Zito, Associate Professor
Center for Neuroscience, College of Biological Sciences, UC
Davis

"Analyzing Functional Plasticity with Synaptic Resolution
Using a Novel Genetically Encoded Sensor"

BRAIN-STIM Awards Posters

William DeBello, Associate Professor, Department of
Neurobiology, Physiology and Behavior, UC Davis
"Neurorealistic simulation of learned behavior"

Paul Hagerman, Professor, Department of Biochemistry and
Molecular Medicine, UC Davis

"CLARITY and STED shed light on neurodegenerative
disorders"

Johannes Hell, Professor, Department of Pharmacology, UC
Davis

"Detection of endogenous PSD-95, α -actinin and other
proteins and their interactions in live cells by fluorescent
peptides"

Table Tops

*Table Tops listed below are available on the second floor near
Room 2222. PDF copies will be made available online after
the Symposium.*

CalMHSA

Contact: Stephanie Welch
Stephanie.welch@calmhhsa.org

California Institute for Behavioral Health Solutions (CIBHS)

Cognitive Behavioral Therapy for Psychosis (CBTp) Training
Partnership

Contact: Percy Howard
phoward@cibhs.org

Contra Costa First Hope Program

Early Identification & Intervention to Prevent Psychosis

Contact: Phyllis Mace
Phyllis.mace@hdsd.cccounty.us

EDAPT Program

Contact: Tara Niendam
tNiendam@ucdavis.edu

Prevention and Recovery in Early Psychosis (PREP)

Felton Institute

Contact: Kelly Saturno
ksaturno@felton.org

MyHealios

Contact: Kathy Day
Kathy.day@myhealios.com

TLCS Sacramento Program

Contact: Erin Johansen
ejohansen@tlcssac.org

List of Counties participating in person:

Alameda County Behavioral Health Care Services
Butte County, Oroville Community Counseling Center
Contra Costa County Mental Health Services, First Hope Program
El Dorado County Mental Health
Kern County Mental Health
Lake County Behavioral Health
Los Angeles County Department of Mental Health
Marin County Mental Health and Substance Use Services
Merced County Mental Health
Monterey County Behavioral Health
Napa County Health & Human Services Agency
Nevada County Children's Behavioral Health
Orange County OC CREW Program
Placer County Health and Human Services
Riverside County Department of Mental Health
Sacramento County Behavioral Health Services
San Bernardino County TBS, TAY, FRC
San Diego County Providence Community Services
San Francisco County PREP
San Joaquin County PREP
San Mateo County Behavioral Health & Recovery Services
Santa Cruz County Behavioral Health
Shasta County Health and Human Service Agency
Solano County Behavioral Health Division
Sonoma County Behavioral Health
Stanislaus County Behavioral Health
Sutter-Yuba Mental Health Services
Tehama County Health Services Agency
Trinity County Behavioral Health
Tulare County Mental Health
Yolo County Department of Health Services