

**UC DAVIS**

**BEHAVIORAL HEALTH CENTER  
OF EXCELLENCE**

# Serving Early Psychosis Populations: Evidence-Based Practices & Systems

**9:00 a.m. – 4:30 p.m.**

8:30 a.m. Continental Breakfast  
UC Davis Health Education Building  
Lecture Hall 1222  
4610 X Street, Sacramento, CA


MONDAY

May

**1st**

**#EarlyPsychosisUCD**

**behavioralhealth.ucdavis.edu**

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# AGENDA

- 8:30 a.m.**                    **Registration and Continental Breakfast**
- 9:00 a.m.**                    **Welcome and Introductions**  
*Cameron S. Carter, M.D.*  
*Carolyn S. Dewa, M.P.H., Ph.D.*
- 9:15 a.m.**                    **Research Keynote: Before, During and After:  
Successes and Challenges in the Delivery of Early  
Psychosis Treatment: The NY Experience**  
*Lisa Dixon, M.D., M.P.H.*
- 10:45 a.m.**                   **Break**
- 11:00 a.m.**                   **Research Keynote: Integrating the Evidence in an  
Evolving System of Care: Oregon's Experience**  
*Tamara Sale, M.A.*
- 12:00 p.m.**                   **Lunch**
- 1:15 p.m.**                    **Stakeholder Perspectives of Early Psychosis  
Services and Treatments in California**  
*Moderated by: Howard H. Goldman, M.D., Ph.D.*  
*Brandon Staglin, One Mind Institute*  
*Bettie Reinhardt, NAMI California*  
*Kirstin Barlow, County Behavioral Health Directors Association  
of California*  
*Athena Chapman, California Association of Health Plans*
- 3:00 p.m.**                    **Break**
- 3:15 p.m.**                    **Advancing the Evidence Base**  
*Lisa Dixon, M.D., M.P.H.*  
*Tamara Sale, M.A.*
- 4:15 p.m.**                    **Closing Remarks**



### **Lisa Dixon**

Lisa Dixon, M.D., M.P.H. is a Professor of Psychiatry at the Columbia University Medical Center where she directs the Division of Behavioral Health Services and Policy Research and the Center for Practice Innovations (CPI) at the New York State Psychiatric Institute.

Dr. Dixon is an internationally recognized health services researcher. As CPI director, she oversees activities for the New York State Office of Mental Health in implementing evidenced based practices for persons diagnosed with serious mental illness. She is leading the innovative program, OnTrackNY, a statewide initiative designed to improve outcomes and reduce disability for the population of individuals experiencing their first episode of psychosis.

Dr. Dixon's research focuses on improving the quality of care for individuals with serious mental disorders with an emphasis on services that include families, reducing the negative impact of co-occurring addictions and medical problems, and improving treatment engagement and adherence. Dr. Dixon's work has joined individuals engaged in self-help, outpatient psychiatric care, as well as clinicians and policy makers in collaborative research endeavors. In addition, Dr. Dixon is the current editor of a column in *Psychiatric Services* dedicated to Public-Academic partnerships. She has published more than 200 articles in peer-reviewed journals and received the 2009 American Psychiatric Association Health Services Senior Scholar Award, as well as the Wayne Fenton Award for Exceptional Clinical Care. In 2014, she received the National Alliance on Mental Illness annual Scientific Research Award.



### **Tamara Sale**

Tamara Sale is the Director of the EASA Center for Excellence at Portland State University Regional Research Institute. Ms. Sale has been responsible for the overall development and implementation of early psychosis services in Oregon starting with a five-county regional program in 2001 and statewide dissemination beginning in 2007, including program design, financing and sustainability efforts, marketing and community education, data system development, training and consultation. Ms. Sale was Deputy Director for the Oregon arm of the Early Detection and Intervention for the Prevention of Psychosis Program (EDIPPP) study sponsored by The Robert Wood Johnson Foundation. Ms. Sale has almost thirty years of planning and program development experience within the mental health system and over a decade as a leader in family advocacy. She received a M.A. in Public Affairs with concentrations in fiscal policy and management of public and nonprofit organizations in 1992 from the University of Minnesota.

## PROFILES CONTINUED



### Howard Goldman

Howard H. Goldman is a Professor of Psychiatry and Director of the Behavioral Health Systems Improvement Collaborative at the University of Maryland School of Medicine. He received joint M.D. - M.P.H. degrees from Harvard University and a Ph.D. in social policy from Brandeis University in 1978. He is the author or co-author of more than 325 publications in the professional literature. Dr. Goldman was the editor of the journal *Psychiatric Services* from 2004 – 2016, and he served as the Senior Scientific Editor of the Surgeon General's Report on Mental Health from 1997-1999 for which he was awarded the Surgeon General's Medallion. In 1996 he was elected to membership in the National Academy of Social Insurance, and in 2002 he was elected to the Institute of Medicine.



### Bettie Reinhardt

Ms. Reinhardt is an Affiliate Development Consultant for NAMI California. She has also served NAMI California as Legislative and Public Policy Consultant, initiating NAMI CAN!, and was Acting Executive Director during the E.D.'s maternity leave. Bettie says she happened on the value of NAMI while doing program development for NAMI San Diego as a consultant. She credits what she learned from the volunteers there as turning things around for her family and for her subsequent devotion to NAMI. She served as Executive Director at NAMI San Diego for over 12 years. Bettie has a B.S.N. from the University of Oklahoma and an M.P.H. in Health Services Administration from San Diego State University.



### Athena Chapman

Ms. Chapman serves as the Vice President of State Programs for the California Association of Health Plans (CAHP). In this capacity, she represents California's health plans regulated by the Department of Health Care Services (DHCS). Ms. Chapman works with various state agencies and the California Health Benefit Exchange on regulation development and implementation.

Prior to joining CAHP in 2012, Chapman worked at the Medi-Cal Managed Care Division at the Department of Health Care Services, focusing on managed care quality, policy, oversight, and contracting. Chapman also spent six years at the Centers for Medicare and Medicaid Services (CMS), where she monitored the effective delivery of managed care programs for Medicaid and Medicare beneficiaries in the western region.



## Brandon Staglin

Mr. Staglin is Director of Marketing and Communications for Staglin Family Vineyard and One Mind Institute, an international brain health research organization, and Board Director for One Mind and One Mind Institute. He currently is working to secure public funding for an early psychosis treatment program in Napa County, and working with the California Mental Health Services Oversight and Accountability Commission to orchestrate a statewide learning healthcare network of early psychosis treatment centers. He sustains and participates in the direction of PsyberGuide, an online guide to digital therapies for mental health consumers. Mr. Staglin serves on advisory councils for Stanford University's Prodrome and Early Psychosis Program Network (PEPPNET), for SARDAA, and for Partners for StrongMinds, and is a Stability Leader in The Stability Network. He is the recipient of the SAMHSA VOICE Award for Lifetime Achievement, the Clifford W. Beers Centennial Service Award and the SARDAA Shattering Stigma—Realizing Recovery Award for his brain health advocacy. Mr. Staglin's lived experience with schizophrenia and recovery makes him grateful to be living in health and happy every day he can contribute to the health of others.



## Kirsten Barlow

Ms. Barlow began serving as Executive Director of the County Behavioral Health Directors Association (CBHDA) of California in October 2015. The prior year Kirsten worked as Executive Officer of the Council on Mentally Ill Offenders, a position to which she was appointed by Governor Edmund G. Brown, Jr. The Council on Mentally Ill Offenders develops strategies for keeping youth and adults with mental illness out of the criminal justice system. Between 2009 and 2014, Kirsten was Associate Director at CBHDA, where she directed the Association's legislative and budget advocacy efforts. Prior positions included serving as public information officer at the California Department of Mental Health, legislative advocate and information officer for the Los Angeles County Department of Mental Health, and Principal Consultant to the California State Assembly Committee on Human Services under the leadership of former Assemblywoman Dion Aroner (D-Berkeley). Kirsten earned her Masters of Social Welfare degree in management and planning from the University of California - Berkeley and her Bachelor's degree in psychology from the University of Michigan - Ann Arbor. Kirsten and her husband, Ian, live in Sacramento, CA, where they are raising their two sons, Myles and Bennett.

**Slides from today's presentations and a recording of the event will be posted to [behavioralhealth.ucdavis.edu](http://behavioralhealth.ucdavis.edu). Check your email for updates when they are released.**



### **Cameron Carter**

Cameron S. Carter, M.D., is the Director of the Behavioral Health Center of Excellence at UC Davis. As Professor of Psychiatry, Dr. Carter is also the Interim Vice Chancellor for Research, Director of the Imaging Research Center, EDAPT Clinic, UC Davis Conte Center and the Schizophrenia Research and Education Program.

Dr. Carter's clinical interest is the early diagnosis and treatment of schizophrenia and other cognitive mental disorders. His research focuses on the pathophysiology of disturbances in cognition in mental disorders such as schizophrenia and OCD, with the goal of developing more effective therapies to improve patients' chances of rehabilitation. Carter is also involved in development of new treatments for cognitive disability in schizophrenia and other brain disorders.



### **Carolyn Dewa**

Dr. Dewa is a Professor in the Department of Psychiatry and Behavioral Sciences at UC Davis. She also is the Director of the Behavioral Health Center of Excellence's Outcomes and Evaluation Core. She is an internationally recognized expert in the study of work-related mental health disability. Her work also focuses on the

provision and access of mental health services and supports to people experiencing mental illnesses. She has over 100 peer-reviewed publications in these areas and numerous book chapters. She serves on the editorial boards of the Canadian Journal of Psychiatry, the Journal of Occupational Rehabilitation, and the Journal of Mental Health Policy and Economics. Her awards include a Career Scientist Award from Canada's Ontario Ministry of Health and Long-Term Care Career Scientist Award and an Applied Public Health Chair from the Canadian Institutes of Health Research/Public Health Agency of Canada. She holds a Ph.D. in health economics from the Johns Hopkins University School of Hygiene and Public Health and an M.P.H. in health services administration from the San Diego State University School of Public Health. She was a fellow at the Harvard Medical School.

## The BHCOE IDEA

**Innovation** – Developing new approaches and interventions

**Dissemination** – Providing trainings for communities

**Evaluation** – Showing the impact of programs for individuals and communities

**Adaptation** – Making programs work with different communities or cultures

## Our Team

The Behavioral Health Center of Excellence at UC Davis focuses on three cores:

**Administrative Core**, led by Center Director, Cameron Carter, M.D., hosts a public lecture series and statewide symposium to engage thought leaders and community members interested in the fields of neuroscience, mental and behavioral health, medicine, nursing and clinical care.

**Evaluations and Outcomes Core**, led by Carolyn Dewa, Ph.D. M.P.H., expertly measures mental health outcomes to inform evidence-based practices at the individual and population levels and serves as a valuable resource for statewide and national efforts.

**Policy and Education Core**, led by Sacramento mayor, Darrell Steinberg and Associate Dean, Frederick Meyers, M.D., promotes mental health in California through policy development, implementation, and education and training at both the undergraduate and graduate levels.

## Support the Behavioral Health Center of Excellence

The Behavioral Health Center of Excellence at UC Davis is a state-wide leader in bridging neuroscience research, mental health care and policy to improve the lives of those touched by mental illness. Our work is driven by our dedication and vision to help create a brighter future in which science informs policy and research brings hope for people with mental illness. The speed and success towards accomplishing our goals is directly related to our resources. To learn more about how you can support the Behavioral Health Center of Excellence and giving opportunities, please contact Jennifer Scott, director of development, at (530) 601-3380 or [jescott@ucdavis.edu](mailto:jescott@ucdavis.edu).