

Early Intervention and Youth Mental Health: The Present and Future

Patrick McGorry, MD, PhD

When Pat McGorry saw a huge gap in service for young people with mental health disorders in Australia, he set out to fill it. With 75% of mental illness appearing by age 25, McGorry, Australia's 2010 *Australian of the Year*, was determined to find a way to provide robust, youth-friendly care to young people in Australia. The result was *Headspace*, a concept offering accessible, local facilities, described as youth cafes, where young people can talk about any problem they have with experts available on site. The Headspace model aims at eliminating the mismatch between the need for mental health and the lack of entry to it by offering a place where a young person and their family can come in and get a stigma-free, effective assessment and support.

Pat McGorry is the Executive Director of Orygen, Professor of Youth Mental Health at The University of Melbourne, and Director of Headspace. He is a world-leading researcher in the area of early psychosis and youth mental health, and has a strong interest in promoting the mental health of the homeless, refugees, and asylum seekers.

The Behavioral Health Center of Excellence at UC Davis is a statewide leader in bridging neuroscience research, mental health care and policy to improve the lives of those touched by mental illness.

Free public lecture. Please RSVP by September 26, 2018 bhcoe-october2018.eventbrite.com or 916-734-4528

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MONDAY

October

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5:00 p.m. - 6:30 p.m.

Light Refreshments Provided

UC Davis Health
Education Building
Lecture Hall 1222
4610 X Street
Sacramento, CA 95817

*Parking: \$2/hour in Structure #3
on Stockton Blvd. and X St.*