

Serving Early Psychosis Populations

The Family Experience and
What National Alliance on Mental Illness Can Do

My Family's Experience

- ▶ Psychiatric services for children and youth over the last five decades (two generations for my family).
- ▶ University of California at San Diego C.A.R.E. study for last 15 years.
- ▶ MHSA-funded FEP program about the last 5 years.
- ▶ Early intervention does not guarantee prevention!

What NAMI Can Do

- ▶ Why programming differs from that for adults.
- ▶ Nation-wide programs
 - ▶ NAMI Basics (education in small groups)
 - ▶ Ending the Silence (presentations in schools)
 - ▶ Parents & Teachers as Allies (presentations in schools)
- ▶ New ventures by one NAMI affiliate.
- ▶ How other California affiliates can adopt/adapt the same model.

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It's May!!

Let's Hear It for Mental Health Month