



University of California, Davis, Health

# 14th ANNUAL PSYCHOTIC DISORDERS CONFERENCE

Monday, December 2, 2019
Hilton Sacramento Arden West

Sponsored by the Office of Continuing Medical Education and the UC Davis Department of Psychiatry and Behavioral Sciences

CME MAXIMUM OF 6.75 AMA PRA CATEGORY 1 CREDITS™



For more information or to register online: https://ces.ucdavis.edu/pd2019









#### **COURSE CHAIR**

#### Cameron S. Carter, MD

#### **GUEST FACULTY**

#### Thomas R. Insel, MD

President and Co-Founder, Mindstrong Health, Special Advisor to Governor for Behavioral Health, Former Director, National Institute for Mental Health, Mindstrong Health

#### Jeanne Miranda, MD

Professor, Psychiatry and Biobehavioral Sciences University of California, Los Angeles

#### Albert Powers, MD, PhD

Assistant Professor,
Department of Psychiatry,
Medical Director, PRIME
Psychosis Research Clinic
Yale University School of Medicine

#### **UC DAVIS FACULTY**

#### Tyler Lesh, PhD

Associate
Project Scientist,
Department of Psychiatry

#### Paula Wadell, MD

Associate Physician, Psychiatry and Behavioral Sciences, Medical Director, SacEDAPT and EDAPT Clinics



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# **COURSE HIGHLIGHTS**

- Treatment of psychosis, its underlying factors and refractory symptoms
- New insights into the developmental risk factors for psychosis
- Managing suicidal ideation and risk in youth, with and without psychosis
- Updates on the causes of auditory hallucinations and new therapies
- Clinical outcomes of patients with psychosis who use cannabis

## TARGET AUDIENCE

This activity is designed for psychiatrists, family practice and internal medicine physicians, pharmacists, psychologists, nurse practitioners, social workers, marriage and family therapists, nurses, and other interprofessional health care team members who work with patients with psychotic disorders.

#### WHY YOU SHOULD ATTEND

This course will focus on understanding and treating hallucinations, new developments in the assessment and treatment of trauma in young people with psychosis, mood disturbances in psychosis, and the impact of medication on mental illness.

We will discuss the causes of hallucinations, as well as state-of-the-art psychotherapies and medication treatments. We will focus on new developments in the assessment and treatment of trauma in young people with psychosis, including a discussion of cases seen in the EDAPT programs at UC Davis. Mood disorders can present with psychosis and we will also focus on the identification of mood disturbances in psychosis, including those with bipolar disorders. We will discuss approaches to optimizing treatments in psychosis and improving patient outcomes.

# LEARNING OBJECTIVES

At the end of the conference participants should be able to:

- Explore the complex relationship between trauma and psychosis and new approaches for intervention.
- Discuss modern data on the causes of hallucinations, along with new therapeutic approaches to this common and distressing symptom.
- Learn to identify mood symptoms in individuals with psychosis.

# **EDUCATIONAL METHODS**

- Lectures with Q&A will be used to facilitate the dissemination of up-to-date information.
- Case studies and discussion will highlight conditions commonly seen in clinical practice.

# **CONFERENCE REGISTRATION**

**Please register early – space is limited.** Registration will stay open only until venue is at capacity.

Tuition is \$285 for physicians and \$260 for all others. Tuition includes continental breakfast, refreshment breaks, lunch, electronic access to presentations and course materials.

Sacramento County employees receive a discounted rate of \$215. Please note: Valid county employee identification must be presented at conference registration.

To register, please visit: https://ces.ucdavis.edu/pd2019.

Tuition may be paid by check (for mail-in registrations), American Express, Discover, MasterCard or VISA. Cash is not accepted. UC Davis reserves the right to cancel this conference. In such a case, a full refund of tuition will be given.

If you have any special needs due to a disability as specified in the Americans with Disabilities Act, please contact UC Davis Conference and Event Services at events@ucdavis.edu so we may make the necessary accommodations for you.

Cancellation and Refund Policy: A refund of tuition, less \$75 administrative fee, will be allowed if requested in writing by November 4, 2019. No refunds will be provided after this date. Send requests for cancellation to events@ucdavis.edu.

## **ELECTRONIC EVALUATION AND CERTIFICATE**

Please make sure to complete the online course evaluation. The UC Davis Health Office of Continuing Medical Education will email you within 30 days of the conference to let you know when an electronic copy of your certificate is ready for download at http://bit.ly/CMEReg.

# **SYLLABUS**

Electronic access to presentations and course materials will be available to pre-registered attendees.

## ACCREDITATION

The University of California, Davis, Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit: The University of California, Davis, Health designates this Live Activity for a maximum of 6.75 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA PRA Category 1 Credits™ acceptable for multidisciplinary team members.

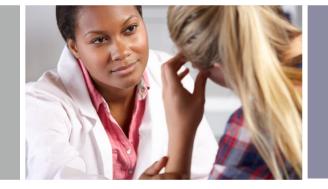
**Nurse:** For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits*<sup>TM</sup> issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits*<sup>TM</sup> (report a maximum of 6.75 hours of credit and fill in "CME Category 1" for the provider number).

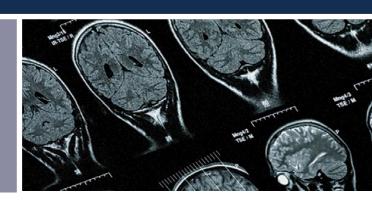
**Physician Assistant:** The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits*™ are acceptable for continuing medical education requirements for recertification.

**Pharmacist:** The California State Board of Pharmacy accepts coursework which meets the standard of relevance to pharmacy practice and has been approved for *AMA PRA Category 1 Credits*.<sup>TM</sup>

**Psychologist:** You may petition the California Board of Psychology for CE credit for this activity. Please see http://www.psychology.ca.gov/licensees/ce\_reporting\_form.pdf for details.

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# MONDAY, DECEMBER 2

7:15am - 8:15am Registration, Continental Breakfast

and Visit Exhibits

8:15 - 8:30 Introduction and Review of Course Objectives

Cameron Carter, MD

8:30 - 9:30 Hallucinations in Psychosis and in

Non-psychotic Voice Hearers:

**A New Perspective** Albert Powers, MD, PhD

9:30 - 10:00 Case Discussion

10:00 - 10:30 Break and Visit Exhibits

10:30-11:30 Managing Suicidal Youth

Jeanne Miranda, MD

11:30 - 12:00pm Case Discussion

12:00 - 1:00 Lunch and Visit Exhibits

1:00 - 2:00 How Can We Bend the Curve for

Mental Health?
Tom Insel, MD

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2:00 - 3:00 Now That it's Legal: Cannabis Impact

in Young People with Psychosis

Tyler Lesh, PhD

3:00 - 3:15 Break and Visit Exhibits

3:15 - 4:15 Dealing with Neurodevelopmental

Issues in Early Psychosis Care

Cameron Carter, MD, and Paula Wadell, MD

4:15 - 4:45 Case Discussion

4:45 Adjourn

# 14th Annual Psychotic Disorders Conference Monday, December 2, 2019

## **LOCATION**

Hilton Sacramento Arden West 2200 Harvard St. Sacramento, CA 95815 (916) 922-4700



Office of Continuing Medical Education 4610 X Street, Room 4320

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