



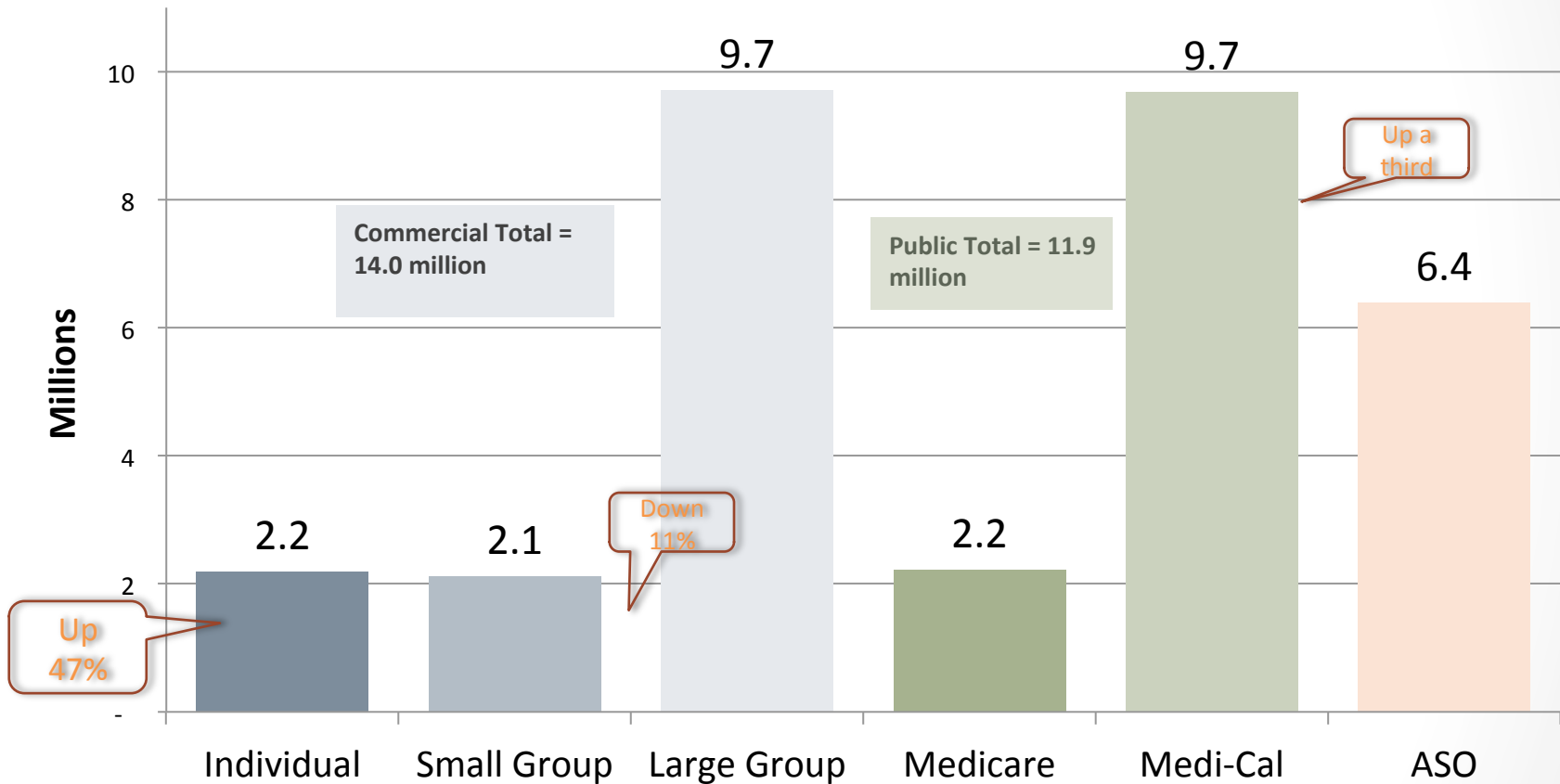
# UC Davis Symposium

Serving Early Psychosis- Evidence-Based Practices and Systems: The Health Plan Perspective

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May 1, 2017

# Market Size 2014: 25.9 M. Insured



Notes: 25.9 million combined commercial and public enrollees. Insurers provide administrative services only (ASO) for an additional 6.4 million enrollees in employer's self-insured plans. Medicare and Medi-Cal shown reflect managed care enrollment.

Source: Department of Managed Health Care and California Department of Insurance, AB 1083 reporting.

# The Medi-Cal Landscape

**Enrollment:** Medi-Cal covers more than 13 million individuals—more than 30% of the state's population—80% are covered by a managed care plan

**Spending:** Medi-Cal costs have grown nearly threefold over the last decade and today total \$92 billion in annual expenditures.

**Coverage:** The array of mental health and substance use disorder services has expanded under the ACA

# Commercial Market Coverage

**ACA Coverage Expansion:** Mental health & Substance Use Disorders are included as Essential Health Benefits

**Coverage of Preventative Services:** Most health plans must now cover depression screening for adults and behavioral assessments for children, at no additional cost

**Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA)** expand mental health and substance use disorder benefits and federal parity protections

# Challenges

## **Fragmented administration, financing and delivery of care**

- Treatment for serious mental illness is “carved out” of the Medi-Cal health plan’s responsibilities and remains with the county

## **Low Reimbursement**

- Medi-Cal is the largest Medicaid program in the country yet its spending per enrollee ranks among the ten lowest

## **Workforce Challenges/Shortages**

- Availability of providers and low Medi-Cal rates

## **Integration of Social Service and Supports**

- A key component to addressing the whole person

# Opportunities & Best Practices

- **Focus on Screening & Prevention**
- **Quality Care & Reduced Costs**
- **Integration Activities**
- **Reducing Barriers**
- **Increased Data Sharing**
- **Innovative Partnerships & Collaboration**



*CAHP 2017 Seminar Series*

## Improving Mental and Behavioral Health Care Services

This seminar will explore the challenges of emergency and post emergency care at crowded hospitals, the state's mental health workforce shortage, best practices to manage mental and behavioral health conditions, and other opportunities to improve our health care system.

[More Info](#)

May 24, 2017 - Marriott Burbank Airport Hotel

[www.calhealthplans.org](http://www.calhealthplans.org)