Welcome!

This symposium is held in person in Sacramento at the UC Davis Health System campus. Livestreaming is available to anyone by using the links at www.behavioralhealth.ucdavis.edu/events/symposium.html.

Q & A is scheduled at the end of each session. In person, please submit your questions by index cards available in each room. Or email your questions to Kristy at ktrouchon@ucdavis.edu. Questions are also welcome through Twitter @ucdbrainhealth using hashtag #SIPS15.

The Symposium will be recorded for future reference. This recording will be available at the end of September, as will a compilation of questions, comments and resources.

Online symposium evaluations will be sent by email to registrants and available on our website for all participants. We look forward to your feedback.

Behavioral Health Centers of Excellence at UC Davis and UCLA

Launched in October 2014 with funding from the Mental Health Services Act, the centers bridge research, mental health care and policy to improve the lives of those touched by mental illness. This statewide symposium is the first of the two centers’ collaborative efforts.
7:30 a.m.  Continental Breakfast
8:00 a.m.  Welcome and Introductions
Master of Ceremonies: Cameron S. Carter, MD, Director, Behavioral Health Center of Excellence at UC Davis
Frederick J. Meyers, MACP, MD, Vice Dean, School of Medicine, UC Davis
Perry Whybrow, MD, Director, Semel Institute, UCLA

8:15 a.m.  Keynote: National Perspectives
Robert K. Heinzsen, PhD, ABPP, Director of the Division of Services and Intervention Research (DSIR), National Institute of Mental Health (NIMH)

9:00 a.m.  Implementation Best Practices Panel Discussion
Stephen Marder, MD, Director, Section on Psychosis, RAISE program, UCLA David Geffen School of Medicine
Rachel Loewy, PhD, Department of Psychiatry, UCSF School of Medicine
Kristin Cadenhead, MD, Department of Psychiatry, UC San Diego School of Medicine
Keith Nuechterlein, PhD, Director, UCLA Center for Neurocognition and Emotion in Schizophrenia and the UCLA Aftercare Research Program

10:15 a.m.  Break

10:30 a.m.  Keynote: Positive Outcomes
Professor Darrell Steinberg, Director of Policy and Advocacy, Behavioral Health Center of Excellence, UC Davis, and founder, Steinberg Institute

11:15 a.m.  Boxed lunches available on second floor
11:45 a.m.  Outcomes Measurement Panel Discussion
Carolyn Drew, MPH, PhD, Director of the Network on Mental Health Policy Research
Renay Bradley, PhD, Director of Research and Evaluation, Mental Health Services Oversight and Accountability Commission, University of Maryland, School of Medicine

1:00 p.m.  Keynote: California Perspectives
Toby Ewing, PhD, Executive Director, Mental Health Services Oversight & Accountability Commission

1:30 p.m.  Break

1:45 p.m.  Overcoming Barriers and Dissemination Panel Discussion
Bonnie Hotz, family member and patient advocate
Tara Nienhuis, PhD, Department of Psychiatry and Behavioral Sciences, Director of SacEDAPT, UC Davis School of Medicine
Steve Adelsheim, MD, PhD, Director of Community Partnerships, Stanford University School of Medicine
Dina Tyler, PReP Coordinator of Peer and Family Support Services, Alameda County
Ryan Melton, PhD, LPC, Clinical Director, EASA Center for Excellence, Portland State University Regional Research Institute
Sergio Aguilar-Gaxiola, MD, PhD, Director, Center for Reducing Health Disparities

3:00 p.m.  Keynote: Community Engagement
Ken Wells, MD, MPH, Director of the Center for Health Services and Society, UCLA Semel Institute and Behavioral Health Center of Excellence, and Loretta Jones, Founder and CEO of Healthy African American Families

3:45 p.m.  Closing remarks: Cameron S. Carter, Director, UC Davis Behavioral Health Center of Excellence

4:00-4:30 p.m.  Posters and Table Tops featuring California programs and Research Awardees
Reception
Early Psychosis: Prevention & Early Intervention
SCIENCE INFORMING POLICY SYMPOSIUM PROGRAM

Keynote Speakers

Cameron S. Carter, M.D., is the Director of the Behavioral Health Center of Excellence at UC Davis. As Professor of Psychiatry, Dr. Carter is also the Director of the Imaging Research Center, EDAPT Clinic, Center for Neuroscience, UC Davis Conte Center and the Schizophrenia Research and Education Program. Dr. Carter’s clinical interest is the early diagnosis and treatment of schizophrenia and other cognitive mental disorders. His research focuses on the pathophysiology of disturbances in cognition in mental disorders such as schizophrenia and OCD, with the goal of developing more effective therapies to improve patients’ chances of rehabilitation. Carter also is involved in development of new treatments for cognitive disability in schizophrenia and other brain disorders.

Robert K. Heinssen, Ph.D., ABPP, is Director of the Division of Services and Intervention Research at the National Institute of Mental Health (NIMH). Dr. Heinssen joined NIMH in 1999. Since then, he has effectively promoted translational research strategies for improving screening, assessment, treatment, and preventive interventions for people with serious mental illness. He is widely recognized as a scientific leader in the areas of prodromal schizophrenia research, first episode psychosis, and neuropsychology. Dr. Heinssen has worked on governance reform, government oversight and improving outcomes of public programs for many years. He has worked on a range of public policy issues, including mental health, child welfare, immigration integration, workforce and education, and veterans projects. From 2011 through 2014, Ewing served as a consultant to the California State Senate Governance and Finance Committee. He also served as Director of the California Research Bureau from 2009 to 2011. Prior to that, for eight years, he was a Project Manager with the Little Hoover Commission, an independent body charged with improving government. Ewing did his undergraduate studies at Grinnell College and received a Ph.D. in Sociology from Syracuse University. Honored as a Fulbright Scholar in the mid-1990s, he facilitated and documented a complex community development initiative in Costa Rica.

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Loretta Jones M.A., Th.D. is founder and CEO of Healthy African American Families, Phase II. Jones has dedicated her life towards the hope and healing of community and society-at-large. Her career as a civil rights activist, health policy advocate, and social architect has spanned more than 40 years. Jones is community co-PI with Wells of Community Partners in Care, a PCORI contract on long-term outcomes of community engagement for depression, and the PCORI Community and Patient Participatory Research Network. She received the 2105 Diane Watson Global Leaders of Dignity award at the United Nations and with Wells received the ACTS 2014 Team Science Award and Campus-Community Partnerships for health 2015 Annual Award.

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Dr. Heinssen earned a doctoral degree in clinical psychology from Catholic University of America. He completed a clinical fellowship at McLean Hospital/Harvard Medical School and residency at Chestnut Lodge Hospital. He is a board certified, licensed clinical psychologist. Before joining NIMH, he worked for 12 years as a clinical researcher and mental health practitioner at Chestnut Lodge Hospital and Research Institute in Rockville, MD. While there, he studied the diagnosis, course, and treatment of schizophrenia, and developed several science-based, multi-disciplinary treatment programs for patients with serious mental illness. Dr. Heinssen is the founder and past president of the Schizophrenia Special Interest Group within the Association for Behavioral and Cognitive Therapies, and is a Fellow of the American Academy of Clinical Psychology. He has authored numerous journal articles and book chapters, and is a regular presenter at major scientific meetings.

Frederick J. Meyers, M.D., MACP, is the Lead Dean of the Behavioral Health Center of Excellence at UC Davis. As Vice Dean of the UC Davis School of Medicine, Dr. Meyers oversees the research, teaching, clinical care and community engagement missions in close coordination with leadership across UC Davis Health System and the larger UC Davis community. Meyers is the executive director of Medical Education and Academic Planning for the University of California, Merced, where he leads efforts to establish a school of medicine. He also directs the San Joaquin Valley PRIME, a joint education program between UC Davis and UC Merced to increase access to care in this underserved area. A visionary leader, Meyers developed a conceptual model of interprofessional education called UC Davis Schools of Health, which includes the School of Medicine, the master’s degree programs in health informatics and public health sciences, and the Betty Irene Moore School of Nursing. He extends the health system’s reach through collaborative partnerships with regional, state, national and international partners, as well as by overseeing high-level recruitments that distinguish UC Davis.

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Peter C. Whybrow, M.D. is Director of the Jane and Terry Semel Institute for Neuroscience and Human Behavior at UCLA, the Judson Braun Distinguished Professor and the Executive Chair of the Department of Psychiatry and Biobehavioral Sciences at the David Geffen School of Medicine. Recruited to UCLA in 1997 from the University of Pennsylvania, Dr. Whybrow received his training in endocrinology and psychiatry in London and North Carolina. Born in England he was a member of the scientific staff of the British Medical Research Council before joining the Dartmouth Medical School in the 1970s, where he served as Chairman of Psychiatry and later as Executive Dean. He was recruited to the University of Pennsylvania in 1984 where he was the Ruth Meltzer Professor and Chairman of Psychiatry until 1996. Dr. Whybrow is an international authority on depression and manic-depressive disease and the effects of thyroid hormone on brain and behavior. He is a member of the Royal College of Psychiatrists, Fellow of the American Association for the Advancement of Science, the American College of Neuropsychopharmacology, and the American Psychiatric Association. Dr. Whybrow has lectured widely across the United States and Europe, and is the recipient of many awards.

Dr. Heinssen earned a doctoral degree in clinical psychology from Catholic University of America. He completed a clinical fellowship at McLean Hospital/Harvard Medical School and residency at Chestnut Lodge Hospital. He is a board certified, licensed clinical psychologist. Before joining NIMH, he worked for 12 years as a clinical researcher and mental health practitioner at Chestnut Lodge Hospital and Research Institute in Rockville, MD. While there, he studied the diagnosis, course, and treatment of schizophrenia, and developed several science-based, multi-disciplinary treatment programs for patients with serious mental illness. Dr. Heinssen is the founder and past president of the Schizophrenia Special Interest Group within the Association for Behavioral and Cognitive Therapies, and is a Fellow of the American Academy of Clinical Psychology. He has authored numerous journal articles and book chapters, and is a regular presenter at major scientific meetings.

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Renay P. Cleary Bradley, Ph.D., is Director of Research for the Mental Health Services Oversight and Accountability Commission. Dr. Bradley has dedicated her career to using research and evaluation to inform programs, policies, and suicide prevention. For many years Dr. Bradley has been developing and implementing early detection/intervention programs for young people in school-based and primary care settings, including programs for depression, anxiety, and behavioral health. She currently leads evaluation of California’s public mental health system and aims to inform policy via research. She was previously Director of Research and Programming at a non-profit research institute in Seattle, Washington, where she oversaw several large-scale grants, contracts, and programs. She is a developmental psychologist and has focused on development, implementation, and evaluation of programs for children and families. She has appeared in the Wall Street Journal, Washington Post, Parents Magazine, and 60 Minutes Australia. Dr. Bradley received her Doctorate in Developmental Psychology from the University of Washington and an M.S. in Psychological Research from San Francisco State University.

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Kristin Cadenhead, M.D., is a Professor of Psychiatry at University of California San Diego and an attending physician at the UC San Diego Medical Center. She is the Director of the Cognitive Assessment and Risk Evaluation (CARE) Program, a research and clinical program that focuses on early identification, intervention and prevention of serious mental illness. Dr. Cadenhead’s primary research interests include risk prediction, biomarkers and treatment in psychotic illness. Funded by the National Institutes of Health, the CARE program assesses risk factors that may be predictive of a later psychotic illness. A major aim of the CARE program is to identify psychosis risks early and to intervene and prevent some of the devastating effects of a first psychotic episode. She serves as an Associate Residency Training Director for the UC San Diego Department of Psychiatry. She is currently a board member of the California Department of Public Health Office of Health Equity’s Advisory Committee, the Steering Committee for the National Hispanic石家新闻 Network on Drug Abuse (NSHN), and a member of the International Advisory Committee of the Centers for Disease Control and Prevention’s National Hispanic Stone News Network on Drug Abuse (NSHN) and a member of the Health Policy and Management. Since joining CAMH, Dr. Dewa has become a national leader in workplace mental health research, particularly in disability related to mental illness among workers, the effects of mental illness on productivity and development, implementation, and evaluation of programs for children and families. She has appeared in the Wall Street Journal, Washington Post, Parents Magazine, and 60 Minutes Australia. Dr. Bradley received her Doctorate in Developmental Psychology from the University of Washington and an M.S. in Psychological Research from San Francisco State University.

Carolyn S. DeWaal, M.P.H., Ph.D., is a Fulbright Professor of Psychiatry at University of Toronto. She is also a Senior Health Economist at the Centre for Addiction and Mental Health (CAMH) in Toronto, where she leads research on Employment and Workplace Health. She holds a Ph.D. in health economics from the Johns Hopkins University School of Hygiene and Public Health and a M.P.H. in health services administration from San Diego State University School of Public Health. She completed a fellowship at the Harvard Medical School Department of Health Policy and Management. Management. Since joining CAMH, Dr. DeWaal has become a national leader in workplace mental health research, particularly in disability related to mental illness among workers, the effects of mental illness on productivity and value to consumers, service administrators, and policy makers. Dr. Aguiar-Gaxiola received a Bachelor of Science in Medicine, Autonomous University of Guadalajara in Mexico and his M.S., in Psychology, and Ph.D. in Clinical-Community Psychology at Stanford University’s School of Medicine and a postdoctoral fellowship on health services research at UCSF.

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interventions to improve disability outcomes. She has also led a promising new initiative for focused care with evidence based mental health practices which is an early intervention with psychosis and has presented at multiple conferences. Dr. Melton's current research focus is on the impact of interventions with individuals experiencing early psychosis, including early psychosis research with emphasis on social and psychological interventions and their remediation. Dr. Melton also has a small private practice in which he provides psychological therapy for children, adolescents, and adults. Dr. Melton was one of the co-founders of the Prevention and Recovery in Early Psychosis (PREP) programs. He is listed in The Best Doctors in America and America's Top Doctors.

Howard H. Goldman, M.D., Ph.D., is a Professor of Psychiatry at the University of Maryland School of Medicine. Dr. Goldman received joint M.D. - M.P.H. degrees from Harvard University and a Ph.D. in social policy research from the Heller School at Brandeis University. He is the author or co-author of 225 publications in the professional literature. Dr. Goldman is the editor of Psychiatric Services, a mental health services research and policy journal published monthly by the American Psychiatric Association. He has been on the editorial boards of several other journals, including the American Journal of Psychiatry, Health Affairs, and the Journal of Mental Health Policy and Economics. Dr. Goldman directed the MacArthur Foundation Network on Mental Health Policy Research for a decade ending in 2009. He served as the Senior Scientific Editor of the Surgeon General's Report on Mental Health from 1997-1999 for which he was awarded the Surgeon General’s Medal. During 2002 and 2003 Dr. Goldman was a consultant to the President’s New Freedom Commission on Mental Health. In 1996 he was elected to membership in the National Academy of Social Insurance, and in 2002 he was elected to the Institute of Medicine.

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Panelists by last name, continued

MATRICS Consensus Cognitive Battery, a standardized outcome measure for clinical trials to assess the impact of new interventions on core cognitive deficits in schizophrenia. Dr. Nuechterlein is a past-president of the Society for Research in Psychopathology.

Tara Niendam, Ph.D., is an Assistant Professor in Psychiatry at UC Davis and the Director of Operations for the UC Davis Early Psychosis Programs. As a researcher, her expertise is in the measurement of outcomes related to clinical and psychosocial functioning in individuals with early psychotic illness. She directed the expansion of the UC Davis EDAPT clinic into a Sacramento county MSHA PEI funded program and developed two EDAPT-based programs in Napa and Solano counties.

Dina Tyler
Dina Tyler is a peer specialist and advocate working in mental health in Alameda County. She is a Co-Founder and Board Member of the Bay Area Hearing Voices Network. She is also a facilitator of the Voices, Visions, and Different Realities Support group in San Francisco, California. She is the director of the Bay Area Mandala Project, an organization working to create whole health alternatives for people experiencing extreme states. Since 2010, Dina has held the positions of Outreach Coordinator, Young Adult Outreach Specialist and currently as the Coordinator of Peer and Family Support Services for PREP Alameda County (Prevention and Recovery in Early Psychosis), an early psychosis program that works with young adults (16-24) who were recently given a diagnosis of Schizophreniform Disorder, Schizoaffective Disorder or Schizophrenia. Since 2010, Dina has held the positions of Outreach Coordinator, Young Adult Outreach Specialist and currently as the Coordinator of Peer and Family Support Services for PREP Alameda County (Prevention and Recovery in Early Psychosis), an early psychosis program that works with young adults (16-24) who were recently given a diagnosis of Schizophreniform Disorder, Schizoaffective Disorder or Schizophrenia. Dina supervises peer interns and the family support specialist, trains clinical staff on recovery-based language and approaches, facilitates a peer wellness support group, and provides individual peer support and mentorship to graduates of PREP in becoming peer specialists and/or recovery and stigma reduction advocates. She has also brought WRAP (Wellness and Recovery Action Plan), Special Messages and Hearing Voices groups into the program for the young adults in PREP. She has served on the advisory committee for the Alameda County Social Inclusion Campaign, Transition Age Youth Initiative, the Consumer and Family Member Alliance for Alternatives to AIH 1421, and is a member of the Pool of Consumer Champions. Dina has a degree from UC Berkeley in Sociology, with a focus on mental health and stigma. Dina has also been trained in Emotional CPR, Intentional Peer Support, Being With Extreme States, WRAP, Coming Out Proud, and as a Hearing Voices Group Facilitator. She was awarded the prestigious Peer Specialist of the Year by the National Council for Behavioral Health in 2015.

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Posters
The posters listed below are on display throughout the 2nd floor of the Education Building. Further details available at behavioralhealth.ucdavis.edu.

Services, Policy Workforce Development & Dissemination
Ester Carolina Aposoo-Varano, Assistant Professor of Sociology, Betty Irene Moore School of Nursing at UC Davis

Jacob S. Ballon, Clinical Assistant Professor, Department of Psychiatry, Stanford University
“The INSPIRE Clinic provides comprehensive care for people at-risk for and with psychotic disorders.”

Anthony Jerant, Professor, Department of Family and Community Medicine, School of Medicine, UC Davis
“Tailored Patient Activation to Reduce Suicide Risk in Primary Care”

Ippolytos Kalofonos, Robert Wood Johnson Foundation Clinical Scholar, UCLA/VA
“Duration of untreated psychosis in the Spanish-speaking population of San Fernando Valley in Los Angeles County”

Tara Niendam, Assistant Professor, Department of Psychiatry and Behavioral Sciences, School of Medicine, UC Davis
“Using Mobile Technology to Detect Early Warning Signs of Mental-Health Challenges and Enhance Treatment Delivery for Youth with Early Psychosis in Community Outpatient Settings”

Julie Schweitzer, Professor, Department of Psychiatry and Behavioral Sciences, School of Medicine, UC Davis
“Participant-Driven Engagement for Advancing the Dissemination of Diagnosis and Treatment for Attention-deficit/Hyperactivity Disorder”

Marjorie Solomon, Associate Professor
Department of Psychiatry and Behavioral Sciences, School of Medicine, MIND Institute, Imaging Research Center
“Improving the Lives of Adults with Autism Spectrum Disorders and their Families: A Pilot Trial of the Adult Social Knowledge (ASK) Workshop”

Peter Yellowles, Professor, Department of Psychiatry and Behavioral Sciences, School of Medicine, UC Davis
“Telepsychiatry Services Across Languages: Development and Testing of an Automated Translation and Transcription Tool Using Speech Recognition Technologies”

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Big Data Poster
Nick Anderson, Cardiff Professor of Informatics
Department of Pathology and Laboratory Medicine, School of Medicine, UC Davis
"Developing Population-Scale Analytics to Evaluate Long-Term Health Care Utilization and Comorbidities Associated with Autism Spectrum Disorders"

Clinical Translational Poster
Amanda Goyer, Associate Professor
Center for Mind and Brain, College of Letters and Science, UC Davis
"Charting the Gateway Years: Linking Brain Connectivity Trajectories and Psychosocial Risk Profiles with Substance Use from Early Adolescence into Young Adulthood"

Basic Sciences Posters
Evangelos (Evan) Antzoulatos, Assistant Project Scientist
Center for Neuroscience, College of Biological Sciences, UC Davis
"A Translational Approach to Development of Electrical Brain Stimulation for Cognitive Enhancement"

Melissa Bauman, Assistant Professor
Department of Psychiatry and Behavioral Sciences, School of Medicine, UC Davis
"Evaluating Gene x Environment Risk Factors for Neuropsychiatric Disorders in a Rat (Rattus norvegicus): Model of Prenatal Immune Challenge to Develop Disease Prevention Strategies"

Table Tops
Table Tops listed below are available on the second floor near Room 2222. PDF copies will be made available online after the Symposium.

EDAPT Program
Contact: Tara Niendam
niendam@ucdavis.edu
Prevention and Recovery in Early Psychosis (PREP)
Fenton Institute
Contact: Kelly Saturno
ksaturno@fenton.org
MyHealios
Contact: Kathy Day
kathy.day@myhealios.com
TLCs Sacramento Program
Contact: Erin Johansen
erin.johansen@tclsar.org

BrAIn-StI-M Awards Posters
William DeBello, Associate Professor, Department of Neurobiology, Physiology and Behavior, UC Davis
"Neurorealistic simulation of learned behavior"

Paul Hagerman, Professor, Department of Biochemistry and Molecular Medicine, UC Davis
"CLARITY and STED shed light on neurodegenerative disorders"

Johannes Hell, Professor, Department of Pharmacology, UC Davis
"Detection of endogenous PSD-95, α-actinin and other proteins and their interactions in live cells by fluorescent peptides"

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Marie Burns, Professor
Center for Neurosciences and Department of Cell Biology and Human Anatomy, UC Davis
"New Technologies for Assessing Neuroinflammation in vivo"

Glen Xiong, Associate Professor
Department of Psychiatry and Behavioral Sciences, School of Medicine, UC Davis
"A Pilot Study Examining Use of Asynchronous and Synchronous Telepsychiatry Consultation for Skilled Nursing Facility Residents"

Karen Zito, Associate Professor
Center for Neuroscience, College of Biological Sciences, UC Davis
"Analyzing Functional Plasticity with Synaptic Resolution Using a Novel Genetically Encoded Sensor"

BRAIN-Sti-M Awards Posters
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List of Counties participating in person:

Alameda County Behavioral Health Care Services
Butte County, Oroville Community Counseling Center
Contra Costa County Mental Health Services, First Hope Program
El Dorado County Mental Health
Kern County Mental Health
Lake County Behavioral Health
Los Angeles County Department of Mental Health
Marin County Mental Health and Substance Use Services
Merced County Mental Health
Monterey County Behavioral Health
Napa County Health & Human Services Agency
Neveda County Children's Behavioral Health
Orange County OC CREW Program
Placer County Health and Human Services
Riverside County Department of Mental Health
Sacramento County Behavioral Health Services
San Bernardino County TBS, TAY, FRC
San Diego County Providence Community Services
San Francisco County PREP
San Joaquin County PREP
San Mateo County Behavioral Health & Recovery Services
Santa Cruz County Behavioral Health
Shasta County Health and Human Service Agency
Solano County Behavioral Health Division
Sonoma County Behavioral Health
Stanislaus County Behavioral Health
Sutter-Yuba Mental Health Services
Tehama County Health Services Agency
Trinity County Behavioral Health
Tulare County Mental Health
Yolo County Department of Health Services